YOUTH ORGANIZED & UNITED TO HELP



Y.O.U.TH Impact Report 2025

Inspire, Motivate, Empower

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LETTER FROM THE DIRECTOR

As we enter 2026, grounded in the spirit of Nia (Purpose), I am filled with deep gratitude, reflection, and renewed resolve. The past year asked much of community-based nonprofits across the country. Shifts in federal priorities and funding structures created real financial strain for organizations like Y.O.U.TH—yet they also revealed the strength of our collective resilience and the power of community care. Through it all, our community showed up.

We closed out 2025 with our Ujamaa Marketplace, a powerful reminder that cooperation, culture, and economic unity remain central to our mission. The encouragement and support we received affirmed why Y.O.U.TH continues to lead with intention, creativity, and community voice.

Partnership and collaboration remain at the heart of Y.O.U.TH's impact across East Multnomah County. Our ongoing relationship with the Community Music Center continues to expand access to music instruction, beat-making, and creative expression for youth. As we deepen our presence in after-school spaces, we launched Chess & Leadership programming in partnership with the Boys & Girls Club, using chess as a tool to strengthen critical thinking, leadership, and strategic decision-making—while helping young people navigate educational and systemic challenges.

These leadership-centered experiences nurture emotional wellness, cognitive growth, and cultural pride—essential foundations for youth development during uncertain times. In addition, our Invest in You program provides career exploration and personal development opportunities for youth ages 14 and older, equipping them with life skills, confidence, and exposure to future career pathways.

In January, we will also relaunch our E.A.S. (Enrich, Achieve, Succeed) program, offering academic support, tutoring, and literacy services to ensure students have the tools they need to thrive in school and beyond.

Because of the generosity of our donors, volunteers, and partners, Y.O.U.TH distributed more than 3,000 essential items in 2025, including clothing, shoes, and hygiene supplies. As economic pressures continue to impact families, our goal is to double that reach in 2026, ensuring even more families receive the support they need with dignity and care.

As we move forward, Y.O.U.TH remains committed to sustainability, transparency, and community-led solutions. This work has always been collective—and it always will be. We cannot do it alone, and we invite you to continue walking alongside us into 2026.



Imani Muhammad
Visionary & Executive Director

OUR MISSION & VALUES

Mission: The mission at Youth Organized and United to Help (Y.O.U.TH) is to motivate, inspire and empower youth, family and educators to dismantle the school to prison pipeline and by challenging existing systems and structures.

Values: Compassion * Honesty * Integrity *Youthfulness * Community

Vision: Thriving communities where youth and families are inspired, motivated & empowered, and free to learn, grow, and lead—unhindered by systems that limit their potential.





YEAR AT A GLANCE

- 2,500 Clothing Items & Food
- 100 Students received mentoring & academic support.
- Seeds of Y.O.U.TH Community Garden
- 2,000 volunteers hours





KEY PROGRAMS OVERVIEW

- Invest in You: 7 Students age 14-24 professional and personal development
- Y.O.U.TH Ballerz: Health & Wellness weekly trainings.
- Community Closet: Distributed 3,000 clothing and food items for families in need or crisis.
- Seeds of Y.O.U.TH: Acquired community garden including community partnerships and agricultural curriculum.

IMPACT STORIES

"For our family, Y.O.U.TH has been more than a program. It has been a source of community, care, and belonging. The organization helped my sons grow as athletes, students, and young leaders, and it supported our family in ways that will have a lasting impact. Y.O.U.TH became part of our story, and we are deeply grateful for the role it has played in our lives."



Rivers Family



RIVERS STORY

Our family first connected with Y.O.U.TH through basketball. At the time, my oldest son Kamari was searching for a team during his fifth-grade year after stepping away from the sport for a couple of seasons. A past coaching experience had left him feeling discouraged and unsure of himself. When he joined Y.O.U.TH and began working with Imani, something shifted. He felt seen, supported, and valued, and the bond they built helped him rediscover his love for the game.

The changes we witnessed in Kamari were remarkable. His confidence grew in ways we had not seen before. He became more focused academically, more grounded emotionally, and more willing to step into leadership roles. Y.O.U.TH nurtured every part of him, not just his athletic abilities. By eighth grade, he had gained skills that extended far beyond the court. He learned how to give back through community service. He received support and encouragement for his poetry and public speaking. He developed tools to explore small business ideas. He learned how to advocate for himself and how to care for his body, mind, and spirit through the program's wellness practices. He also learned how to manage his schoolwork while balancing the responsibilities of being a student athlete.

The impact did not stop with Kamari. Both of my boys eventually played basketball through Y.O.U.TH and the organization became an anchor for our whole family. One of our most meaningful memories was the opportunity to go shopping with the Portland Trail Blazers. What made that experience unforgettable was not the gifts, but watching my children meet the athletes they admire, share conversations, laugh, and see possibilities for themselves reflected back through those interactions. It was a moment of joy and inspiration we will always carry with us.

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The Rivers Family







PARTNERS & FUNDERS

We thank our partners: Trail Blazers Foundation, Oregon Community Foundation, Meyer Memorial, Collins Foundation, None Left Behind, Us First PDX, CareOregon Boys & Girls Club, Pacific Support Refugee Group



VOLUNTEER HIGHLIGHTS

- Hours contributed: 2,000 hours
- Trail Blazers Foundation MLK Day of Service
- None Left Behind event support
- Us First PDX providing food donation
- Mo Movement access to Men's group



FINANCIAL OVERVIEW

- Income Sources: 10% program fees, 80% grants, 5% rentals, 5% other
-
- Expenses: 40% programs, 50% operations, 10% fundraising



LOOKING AHEAD

In 2026, we aim to:

- Expand to 2 schools
- Host summer camp w/entreprenuers
- Increase funding to support Community Closet
- Train volunteers to facilitate essential programs
- Host Family/Literacy Nights



Y.O.U.T.H
YOUTH ORGANIZED & UNITED TO HELP

Transform with US

Your support transforms lives.

Join our funders and partners in inspiring, motivating, and empowering futures.



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